



# Mounting a Tubular Tire

By Coach Sonni Dyer and Studio7 athlete Mark Hawkins

## SUPPLIES:

- Tufo "Extreme/ORANGE" glue tape for tubular tires...this is optimal for use in warmer temps.
- *\*(use cold weather, "standard/YELLOW" type for cyclocross applications)*
- Valve /core extenders if desired
- Tubular tire that has been pre-stretched
- Teflon tape

## INSTRUCTIONS:

1. Pre-stretch tires on rim for 24 hours at 120 PSI.
2. Place tape on rim making sure that rim side of the tape is toward the rim and the tire side of the tape is toward the tire.
3. After applying tape, insure that large bubbles in tape are minimized.
4. Pull 1-2 inches of plastic tape covering off to the side of the rim on each side of the valve hole before mounting tire onto the rim.
5. Install valve-extender and use Teflon tape on valve threads to ensure air-tight seal.
6. Place tire on rim. Start at valve hole, stretching the tire as this is done. Make sure tire is in the right direction (many tire treads are directionally specific) .
7. Pump tire up to 30-50 PSI.
8. Straighten tire, centering it on the rim to eliminate wobbles to keep tire straight. Spin to check.
9. Pump tire up to 120 PSI and repeat steps to make sure tire is straight and aligned.
10. Lower tire pressure to sub-10 PSI so that plastic film/tape can be removed after tire has been completely straightened.
11. SLOWLY remove plastic film by pulling the film back almost parallel to the tire .....slowly.... making sure that none of the film breaks off and stays in between the tire and the rim. Make sure that all removed film is in tact once pulled away.
12. After film is removed, pump tire up to 120 PSI x 24 hours.
13. Let some of the air out the next day. Ready to ride.

*\*\*\*Note that TUFO only recommends using Tufo branded glue-tape with TUFO tires. However, we have successfully used TUFO glue-tape w/ most tire brands for years. However, buyer beware.*

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